MOUNTAIN VISTA PARK
U.S.A.T.F. CROSS-COUNTRY COURSE MAP

8 & Under age division - 2km Race will follow the Yellow Loop only
9-10 and 11-12 age divisions - 3km Race is the full Yellow and Green
combined for one big loop of 3,000 meters
13-14 age division - 4km Race will run the Yellow 2,000m loop twice
15-18 age division - 5km Race is one time around the 2km loop and
one time around the full 3km loop.